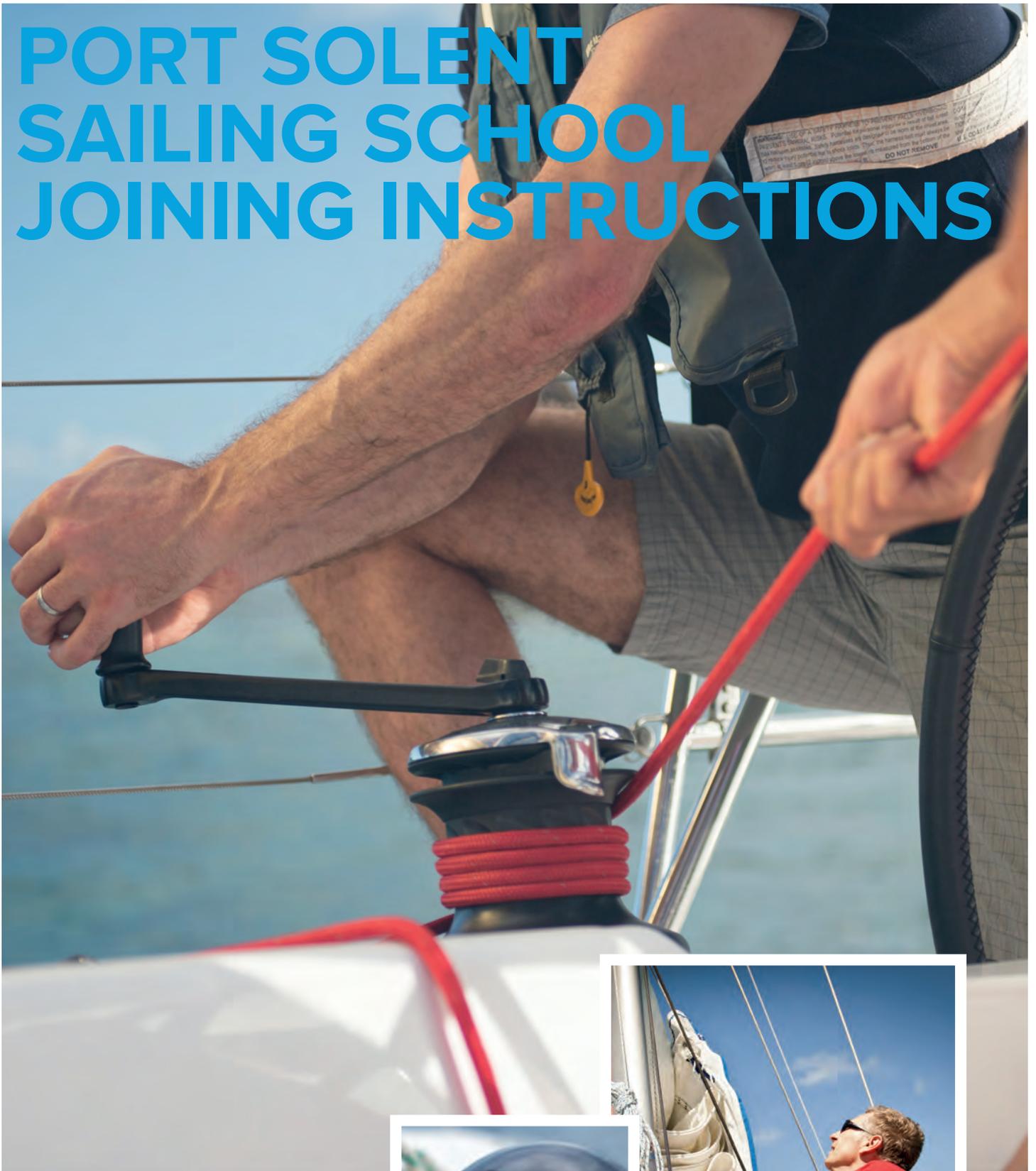


PORT SOLENT SAILING SCHOOL JOINING INSTRUCTIONS







WELCOME TO SUNSAIL

ARE YOU READY TO GAIN YOUR SEA LEGS?

To help you get ready to start sailing, we have put together this introduction to the Sunsail sailing school at Port Solent. With information on start times, clothes and courses you will have an idea of what to expect when you arrive.

If you have any further questions after reading this guide, please do not hesitate to call our office.

SUNSAIL UK BASE ADDRESS

Sunsail
Port Solent Marina
South Lockside
Port Solent
Portsmouth
PO6 4TJ

SUNSAIL BASE OPENING HOURS

The Sunsail base is open:

Monday to Thursday	08:00 - 18:00
Friday	08:00 - 20:00
Saturday	08:00 - 10:00
Sunday	15:00 - 20:00

SUNSAIL SALES OFFICE OPENING HOURS

The Sunsail Sailing School office is open from 09:00 to 17:30 Monday to Friday all year round.

YACHT COURSE INFORMATION

WHAT TO BRING?

We suggest you pack the following:

For Practical Courses

- Fleece top, gloves, hat, scarf, thick socks, comfortable trousers / tracksuit, deck shoes / sailing boots or non marking trainers, neck towel or small towel to stop drips. We do not recommend jeans as they take a long time to dry.
- It is much warmer to wear multiple thin layers than one thick layer. Hopefully, you will have good weather and if you do get sunshine we advise you have a hat, sun cream, shorts and T-shirts.
- **Please note that all personal items are brought at your own risk. You may also want to bring your own waterproofs or hire some from us at £10 per day. For hygiene reasons, we do not hire out sailing footwear.**
- **PLEASE NOTE** Sunsail only provides life jackets suitable for adults or older teenagers. Waterproofs for hire come in a range of adult sizes.
- **For people on Yachtmaster Coastal/Offshore prep week, you will need a log book showing past experience and two passport sized photographs for your examination. Please ensure you bring the correct exam fees for each course. These are payable direct to the RYA examiner, not Sunsail.**

RYA Practical Day Skipper and RYA Coastal Skipper certificates:

To get your certificate you will need to bring a passport size photo and a photo ID, such as a passport or driving licence.

PLEASE NOTE

You cannot be issued your certificate without both of these items.

Shore-based Courses

- Please bring pens, pencils, eraser, calculator, dividers and a Bretton Plotter. A Bretton Plotter and divider pack is available to buy from us at a cost of £22.00 + £1.50 p&p or can be collected on arrival.
- Don't worry about being overworked though – there'll be time for coffee breaks throughout the day. There are various places to get lunch at Port Solent and a supermarket close by or you can bring a packed lunch.

ACCOMMODATION

Practical Courses

- You will be sleeping on board in shared cabins.
PLEASE NOTE – We do not provide bedding so please bring your own sleeping bags, pillows and towels.
- Please bring your things in a soft holdall as there is limited storage on board the yacht.

Shore-based Courses

- We are able to offer accommodation on board our yachts, subject to availability. Please ask us for further information or, if you would prefer, you can arrange your own accommodation. Subject to an additional charge.

CATERING ARRANGEMENTS

Practical Courses

- Breakfast, lunch and non-alcoholic beverages are provided on board. You are welcome to bring any extra nibbles you may need!
- We do cater for dietary requirements if you let us know what they are ahead of time or we suggest you bring alternative provisions as needed.
- Evening meals are at your own expense, but your skipper will be able to direct you to the best meal in town at each overnight stop with the crew.
- Helping out with the cooking, washing up and general housekeeping of the yacht is the order of the day whilst on your course.

Shore-based Courses

- You can expect some refreshments on arrival, as well as in the morning and for your afternoon break.

For lunch you can dine in the great local restaurants. Lunch is not included.

Log Book For RYA Courses

You will need **RYA log book G158** for your course.

If you have not already ordered a log book you can purchase one from our office. If you ordered one when you made your booking it will be sent out to you.

Recommended Reading For RYA Courses

RYA Practical and/or Theory Course books. These can be purchased in advance direct from the sales team at the Sunsail Port Solent office.

YACHT COURSE START TIMES

Please refer to your booking confirmation for your start day and times.

Practical courses start at 09:00 or 19:00 depending on the course booked and usually finish at 17:00. Theory courses run 09:00 to 17:00.

Please note - If you are going to be late please call our reception team on 02392 222 336.

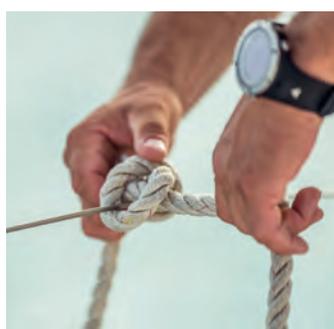
VHF course exam dates available on request.

MARINA FEES

Mooring/marina fees are included in the course fees.

CHILDREN ON COURSES

- Children aged 8 to 17 are welcomed onto our family courses at any time of year as long as they are accompanied by at least one adult. Under 16s can get qualified as RYA Competent Crew, over 16s can become RYA Day Skipper.
- Shore-based Courses - over 16s are welcome on our courses, but need to be accompanied by an adult if they are under 18 years of age.
- If you are aged 13 to 17 and want to take to the water without your parents then our specialist teenage weeks with DBS checked instructors are the perfect week away. Contact the sales team for further information.



HOW TO FIND US



BY TRAIN

The nearest main line stations are Havant and Fratton station with regular connections to Chichester, Brighton, London and Southampton. The nearest local stations to Port Solent are Portchester and Cosham. For 24 hour information on local and national train times and fares telephone: 08457 484950. There is a taxi rank at Havant train station. Taxi number is **02392 654 321**.

Post code for sat nav is - PO6 4TH

ON ARRIVAL AT PORT SOLENT

Follow the main road going straight across the first roundabout. At the next roundabout, bear right (the only way). At the third roundabout, near the odeon cinema take the second exit. Then drive over two speed bumps and take the next right, sign posted Sunsail. The Port House building is directly ahead of you and the car park is on the left on the gravel area. Parking is free.

Once parked, make your way down the path to the left hand side of the marina, with the water on your right. Continue until you reach a smaller car park, and can see the marina reception. The Sunsail reception is at the front of the same building.

FAQ

WHAT ESSENTIALS SHOULD I BRING?

DAY SKIPPER & COASTAL SKIPPER: Candidates should bring two passport photos for certification paperwork

LOG BOOK: You will require an RYA log book G158 for your course. If you have not already ordered a log book you can purchase one from our UK office. If you ordered one when you made your booking it will be sent to you.

COMPETENT CREW & DAY SKIPPER: Candidates are encouraged to read the RYA practical and/or theory course books. These can be purchased in advance from our UK Office, at a Marine store locally, or online. Day Skipper candidates are strongly encouraged to complete the Day Skipper Theory Course prior to arrival for their practical assessment. Day Skipper Theory Courses can be taken at our Port Solent, UK School or Online.

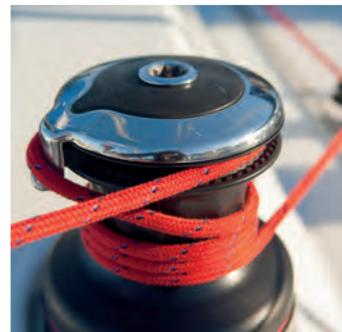
Successful completion of the Day Skipper Practical Assessment will earn you an RYA Day Skipper Practical Certificate.

WHAT CLOTHES SHOULD I PACK?

CLOTHING: We advise you pack the following items: shorts, t-shirts or polo shirts, sunglasses, hat, sun screen, light weight trousers, sailing gloves, fleece, light weight sailing jacket, deck shoes, swim wear and a beach towel. We also recommend bringing a small torch.

WILL I BE IN ANY PHOTOS? CAN I TAKE MY OWN PHOTOS?

PHOTOGRAPHY: An essential part of our brochures is using photography that gives clients a true idea of the product, rather than using models. During the course of the season there are photographers on site at our bases. If you have an objection to close up photography of yourself and party, please indicate your feelings to the photographer at the time.





SUNSAIL – RESPECTING DESTINATIONS

Sunsail is committed to protecting the environment we operate in. Over the years you have helped us in this endeavour. Please continue to assist us by leaving our sailing areas as good as or even better than we found them. You can do this by:

- Managing your sewerage by always using the pump out facilities in marinas where available. Otherwise, please avoid emptying tanks in busy anchorages and marinas and prevent contamination to humans and reefs by pumping out as far as possible offshore.
- Washing off your anchor when leaving an anchorage. Your yacht is equipped with low phosphate washing up liquid, please use this and keep the bottle so that it can be refilled.
- Separating your waste and recycling on-board as much as possible.
- Avoiding pumping oily bilge water or other hazardous substances into the sea – save these for safe disposal in a marina pump out facility.
- Being litter conscious by never throwing rubbish overboard and avoiding using plastics and other non-biodegradable products.
- Observing marine law, and knowing the laws that govern fish catch sizes and the touching and handling of marine wildlife.
- Remembering to keep a safe distance from marine life, and if viewing, approach side-on and stop with propellers in neutral.
- Identifying dark water areas as possible important ecosystems, and taking care if navigating them.
- Keeping sealife in mind when mooring. Using buoys where available instead of anchoring.

Sunsail adheres to the British Standards Institute (BSI) to international level for sustainable event management.



We hope that this guide will help you get the best out of your course and your time spent in Port Solent.

We hope that you learn to love sailing as much as we do here at SunSail.

Course joining instructions correct at time of publication, but are subject to change without prior notice.